

Step therapy – Select

Utilization management updates
Jan. 1, 2024



Most medical conditions have many medication options. Although their clinical effectiveness may be the same, the costs can be very different. The step therapy program gives you the treatment you need, usually at a lower cost.

This is a list of medications that have been added to the step therapy program.

Here's how it works:

With this program, you must try a step 1 medication first, before a step 2 medication may be covered. When you bring a prescription to your pharmacy, our system will check the medication for step therapy requirements. If your pharmacy claims show you have tried a step 1 medication in the recent past, the step 2 medication may be filled. If not, the pharmacist will contact your doctor to explain next steps.

If you see your medication listed, we encourage you to talk with your doctor about your treatment and medication options. If you have questions about the step therapy program, call the phone number on your member ID card.

Step therapy medications

The following medications have been added to a step therapy program. This means you must try a lower-cost medication (step 1) before a higher-cost medication (step 2) is covered.

Condition	Step 1	Step 2
Anti-infectives		
Antifungals	Both a generic intravaginal product (e.g., clotrimazole, miconazole, tioconazole, terconazole, boric acid) AND generic oral fluconazole	BREXAFEMME²
Bacterial vaginosis agents	Any one of the following generics: metronidazole 0.75% vaginal gel, clindamycin 2% vaginal cream	CLEOCIN SUPP, CLEOCIN VAGINAL CREAM, NUVESSA, VANDAZOLE
	Both of the following generics: metronidazole 0.75% vaginal gel, clindamycin 2% vaginal cream	XACIATO
	One of the following generics: metronidazole 0.75% vaginal gel, clindamycin 2% vaginal cream, metronidazole tablet, tinidazole tablet	SOLOSEC
HIV ³	Any one of the following preferred brands: JULUCA, SYMFI, SYMFI LO, TRIUMEQ OR CIMDUO and any one of the following: ISENTRESS, TIVICAY	ATRIPLA
HBV ³	One of the following generics: entecavir or tenofovir	VEMLIDY
Oral brand tetracyclines	Any one of the following generics: doxycycline or minocycline	ACTICLATE, DORYX, DORYX MPC, LYMEPAK, MINOLIRA, ORACEA, SOLODYN, TARGADOX, VIBRAMYCIN
	Both of the following generics: doxycycline AND minocycline	SEYSARA
Otic agents	Generic ofloxacin	CETRAXAL
	Both of the following generics: ciprofloxacin-dexamethasone otic suspension AND ofloxacin otic solution	CIPRODEX
Cardiovascular		
Renin-angiotensin system agents	Any one of the following generics: amlodipine-benazepril, amlodipine-olmesartan, benazepril, benazepril-HCTZ, candesartan, candesartan-HCTZ, captopril, captopril-HCTZ, enalapril, enalapril-HCTZ, fosinopril, fosinopril-HCTZ, irbesartan, irbesartan-HCTZ, lisinopril, lisinopril-HCTZ, losartan, losartan-HCTZ, moexipril, olmesartan, olmesartan-HCTZ, olmesartan-amlodipine-HCTZ, perindopril, quinapril, quinapril-HCTZ, ramipril, telmisartan, telmisartan-HCTZ, trandolapril, trandolapril-verapamil	EDARBI, EDARBYCLOR, TEKTRINA HCT
	Any one of the following generics: amlodipine-olmesartan, amlodipine-benazepril, amlodipine-valsartan, telmisartan-amlodipine, trandolapril-verapamil, benazepril-HCTZ, candesartan-HCTZ, captopril-HCTZ, enalapril-HCTZ, fosinopril-HCTZ, lisinopril-HCTZ, losartan-HCTZ, olmesartan-HCTZ, quinapril-HCTZ, telmisartan-HCTZ, olmesartan-amlodipine-HCTZ	EXFORGE-HCT
Fibric acid derivatives	Any one of the following generics: fenofibric cap, fenofibrate tab, fenofibrate micronized cap, fenofibric acid tab AND preferred brand LIPOFEN or fenofibrate cap	FENOGLIDE, FIBRICOR
Statins	Any one of the following generics: atorvastatin, fluvastatin, fluvastatin ER, lovastatin, pravastatin, rosuvastatin, simvastatin	ALTOPREV, EZALLOR, FLOLIPID, LESCOL XL, LIPITOR, LIVALO, ZOCOR
	Generic ezetimibe and any one of the following generics: atorvastatin, fluvastatin, fluvastatin ER, lovastatin, pravastatin, rosuvastatin, simvastatin	EZETIMIBE-ROSUVASTATIN², ROSZET²
	Any one of the following generics: atorvastatin, fluvastatin, fluvastatin ER, lovastatin, pravastatin, rosuvastatin, simvastatin AND preferred brand LIVALO¹	ZYPITAMAG

Bold type = Brand-name drug

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Condition	Step 1	Step 2
Central Nervous System		
ADHD agents	Any one of the following generics: amphetamine-dextroamphetamine IR/ER, dexamethylphenidate IR/ER, dextroamphetamine IR/SR, methylphenidate IR/ER	AZSTARYS², JORNAY PM²
	Any three of the following generics: amphetamine-dextroamphetamine IR/ER, dexamethylphenidate IR/ER, dextroamphetamine IR/SR, methylphenidate IR/ER	ADDERALL XR², ADZENYS XR ODT², APTENSIO XR², CONCERTA², COTEMPLA XR-ODT², DAYTRANA², DESOXYN², DEXEDRINE, DYANAVAL XR², EVEKEO², EVEKEO-ODT², FOCALIN², FOCALIN XR², METHYLIN² solution, METHYLPHENIDATE ER², MYDAYIS², PROCENTRA², QUILLICHEW ER², QUILLIVANT², RELEXII², RITALIN², RITALIN LA², VYVANSE², VYVANSE CHEW², XELSTRYM², ZENZEDI²
	Any two of the following generics: atomoxetine, guanfacine, clonidine	INTUNIV, KAPVAY, QELBREE², STRATTERA²
Anticonvulsants ³	Any one of the following generics: lamotrigine IR, levetiracetam IR/ER, oxcarbazepine IR, topiramate IR	BRIVIACT, XCOPRI
	Any one of the following generics: topiramate IR or topiramate IR sprinkle	QUDEXY XR, TROKENDI XR, topiramate ER
	Generic topiramate sprinkle	EPRONTIA
	Generic oxcarbazepine IR	OXTELLAR XR
Antidepressants ³	Generic bupropion ER	APLENZIN², BUPROPION ER², FORFIVO XL²
	Any two of the following generics: desvenlafaxine ER, duloxetine, venlafaxine, venlafaxine ER	FETZIMA²
	Any two of the following generics: bupropion, citalopram, desvenlafaxine ER, duloxetine, escitalopram, fluoxetine, mirtazapine, paroxetine, paroxetine ER, sertraline, venlafaxine, venlafaxine ER	CITALOPRAM cap , DESVENLAFAXINE ER², PAXIL suspension, SERTRALINE cap, TRINTELLIX², VENLAFAXINE tab 112.5MG²
	Any three of the following generics: bupropion, citalopram, desvenlafaxine ER, duloxetine, escitalopram, fluoxetine, mirtazapine, paroxetine, paroxetine ER, sertraline, venlafaxine, venlafaxine ER	AUVELITY²
	Generic duloxetine	DRIZALMA²
Antidepressants	Generic vilazodone	VIIBRYD²
Antipsychotics ³	Any two of the following generics: aripiprazole, asenapine, clozapine, olanzapine, paliperidone, quetiapine IR/ER, risperidone, ziprasidone	CAPLYTA², FANAPT², LYBALVI², SAPHRIS², SECUADO²
	Any one of the following brands: INVEGA SUSTENNA or INVEGA TRINZA	INVEGA HAFYERA
Insomnia agents	Any one of the following generics: doxepin, eszopiclone, temazepam, zaleplon, zolpidem, zolpidem ER	BELSOMRA², DAYVIGO²
	Any two of the following generics: eszopiclone, zaleplon, zolpidem, zolpidem ER, triazolam, temazepam, ramelteon, doxepin AND any one of the following preferred brands: BELSOMRA¹, DAYVIGO¹	QUVIVIQ²
	Any one of the following generics: zolpidem, zolpidem ER	AMBIEN², AMBIEN CR², EDLUAR², ZOLPIDEM CAP²
Migraine agents	Any two of the following generics: almotriptan, eletriptan, frovatriptan, naratriptan, rizatriptan, sumatriptan, zolmitriptan	ONZETRA XSAIL², TOSYMRA², TREXIMET², sumatriptan-naproxen², ZEMBRACE SYMTOUCH², ZOMIG NASAL², ZOLMITRIPTAN SPRAY²
Neurologic agents	Generic gabapentin	GRALISE²
	Any one of the following generics: amitriptyline, cyclobenzaprine, duloxetine, gabapentin, pregabalin	LYRICA CR², pregabalin CR², SAVELLA²

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Condition	Step 1	Step 2
Non-narcotic analgesics	Any two of the following generics: celecoxib, diclofenac potassium tab, diclofenac sodium, diflunisal, etodolac, fenoprofen, flurbiprofen, ibuprofen, indomethacin, ketoprofen, ketorolac, meclofenamate, meloxicam, nabumetone, naproxen, oxaprozin, piroxicam, sulindac, tolmetin	CAMBIA, CELEBREX² , diclofenac capsule, diclofenac powder, INDOCIN suppository, INDOCIN suspension, INDOMETHACIN capsule, LOFENA, MELOXICAM susp, TIVORBEX, VIVLODEX, ZIPSOR, ZORVOLEX
Opioid withdrawal	Generic clonidine	LUCEMYRA²
Parkinson's disease	Both of the following generics: carbidopa-levodopa and carbidopa-levodopa ODT	DHIVY
	Any one of the following generics: carbidopa-levodopa, carbidopa-levodopa CR	RYTARY
	Generic entacapone	ONGENTYS
	Both of the following generics: rasagiline, selegiline	XADAGO²
Dermatology		
Rosacea	Any one of the following generics or preferred brands: azelaic acid gel, FINACEA FOAM, SOOLANTRA	EPSOLAY, FINACEA GEL, NORITATE, ZILXI
	Any one of the following generics or preferred brands: metronidazole gel, FINACEA FOAM, SOOLANTRA	METROGEL
Skin cancer agents	Any one of the following generics: fluorouracil, imiquimod 5%	diclofenac gel 3% ²
	Both of the following generics: fluorouracil, imiquimod 5%	KLISYRI
	Generic imiquimod 5%	imiquimod 3.75%, ZYCLARA
Topical acne treatments	Any one of the following preferred brands: EPIDUO FORTE, ONEXTON, TWYNEO	ACANYA, BENZACLIN, BENZAMYCIN GEL 5-3%, VELTIN, ZIANA
	Any two generic single-agent topical clindamycin products	CLINDAGEL
Topical anesthetic	Generic lidocaine 5% patches	ZTLIDO
Topical Immuno-modulators	Generic tacrolimus ointment	ELIDEL² , pimecrolimus ² , PROTOPIC² ointment
	Any one of the following generics: alclometasone, amcinonide, betamethasone, clobetasol, clocortolone, desonide, desoximetasone, diflorasone, fluocinolone, fluocinonide, fluticasone, halcinonide, halobetasol, hydrocortisone, mometasone, prednicarbate, triamcinolone, pramoxine-HC, calcipotriene-betamethasone, tacrolimus, pimecrolimus	EUCRISA, OPZELURA²
	Any three of the following generics or preferred brands: clocortolone 0.1% cream, fluocinolone acetonide 0.025% ointment, flurandrenolide 0.05% ointment, fluticasone propionate 0.05% cream, hydrocortisone valerate 0.2% ointment, mometasone furoate 0.1% cream/lotion/solution, triamcinolone 0.1% cream/ointment, triamcinolone 0.05% ointment, triamcinolone aerosol spray, calcipotriene-betamethasone suspension, TACLONEX suspension, ENSTILAR foam	SERNIVO
Endocrinology		
Basal insulin	Any three of the following preferred brands: BASAGLAR, LANTUS, LEVEMIR, REZVOGLAR, TOUJEO, TRESIBA	BASAGLAR TEMPO, INSULIN GLARGINE, SEMGLEE
Diabetic agents	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	CYCLOSET, RIOMET
Blood glucose meters and strips ²	Both of the following: CONTOUR NEXT, ONETOUCH	All other brands
Glucagon	Any one of the following: BAQSIMI, GLUCAGON KIT (manufactured by Fresenius), ZEGALOGUE , generic glucagon kit	LILLY GLUCAGON KIT, NOVO GLUCAGEN HYPOKIT, GVOKE
DPP4 inhibitors	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	JANUMET, JANUMET XR, JANUVIA, JENTADUETO, JENTADUETO XR, TRADJENTA

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Condition	Step 1	Step 2
DPP4 inhibitors -continued	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin AND any one of the preferred brands: JANUMET¹ , JANUMET XR¹ , JANUVIA¹ AND any one of the following preferred brands: JENTADUETO¹ , JENTADUETO XR¹ , TRADJENTA¹	ALOGLIPTIN, ALOGLIPTIN-METFORMIN, ALOGLIPTIN-PIOGLITAZONE, KAZANO, KOMBIGLYZE XR, NESINA, ONGLYZA, OSENI , saxagliptin ,saxagliptin-metformin ER
GLP-1 agonist combinations	One metformin-containing agent	SOLIQUA², XULTOPHY²
SGLT2 inhibitors	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin AND any one of the following preferred brands: FARXIGA, XIGDUO XR AND any one of the following preferred brands: GLYXAMBI, JARDIANCE, SYNJARDY, SYNJARDY XR, TRIJARDY XR	INVOKAMET, INVOKAMET XR, INVOKANA, QTERN, SEGLUROMET, STEGLATRO, STEGLUJAN
	Any one of the following preferred brands: FARXIGA, JARDIANCE	INPEFA
Short-Acting Insulin	Any two of the following preferred brands: ADMELOG, APIDRA, FIASP, HUMALOG, NOVOLOG, LYUMJEV	HUMALOG TEMPO, LYUMJEV TEMPO
Thyroid replacement	Generic levothyroxine	ADTHYZA, ARMOUR THYROID, LEVOTHYROXINE capsules, SYNTHROID, THYQUIDITY
Gastroenterology		
Bowel prep agents	Any one of the following brands: CLENPIQ, SUPREP	MOVIPREP, OSMOPREP, PLENVU
Constipation agents	Any one of the following generics: lactulose, polyethylene glycol AND any one of the following preferred brands: LINZESS¹, MOVANTIK¹, SYMPROIC¹	AMITIZA²
	Any one of the following generics: lactulose, polyethylene glycol	LINZESS², MOVANTIK², SYMPROIC²
	Any one of the following generics: lactulose, polyethylene glycol AND preferred brand LINZESS¹	MOTTEGRITY²
	Any one of the following generics: lactulose, polyethylene glycol AND any one of the following preferred brands: MOVANTIK¹, SYMPROIC¹ AND generic lubiprostone ²	RELISTOR²
	Any one of the following generics: lactulose, polyethylene glycol AND preferred brand LINZESS¹ AND generic lubiprostone ²	TRULANCE²
Irritable bowel syndrome	APRISO	ASACOL HD, DELZICOL, LIALDA
	Generic mesalamine AND APRISO	PENTASA
Pancreatic enzymes	Both of the following preferred brands: CREON, ZENPEP	PANCREAZE, PERTZYE, VIOKACE
Proton pump inhibitors	Any two of the following generics: dexlansoprazole, esomeprazole, omeprazole, lansoprazole, pantoprazole, rabeprazole	ACIPHEX², DEXILANT², ESOPEPRAZOLE STRONTIUM², LANSOPRAZOLE susp, FIRST-OMEPRAZOLE, KONVOMEPE², PREVACID², PRILOSEC², PROTONIX², ZEGERID²
Hematology		
Coagulation factors ³	NOVOSEVEN RT	SEVENFACT
Miscellaneous		
Antigout agents	Generic colchicine tablets	COLCHICINE cap, COLCRYS, GLOPERBA, MITIGARE
	Generic allopurinol	ALLOPURINOL, ULORIC, febuxostat
Clinical duplicates	Generic levetiracetam ER	ELEPSIA XR
	Any two of the following generics: acebutolol, atenolol, betaxolol, bisoprolol, carvedilol IR/ER, labetalol, metoprolol tartrate, metoprolol succinate ER, nadolol, pindolol, propranolol IR/ER	KAPSPARGO
Iron replacement	Any one of the following generics: ferrous sulfate, ferrous gluconate, ferrous fumarate	ACCURFER, FERAHEME, ferumoxytol, INJECTAFER, MONOFERRIC

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Condition	Step 1	Step 2
Phosphate binders	Any two of the following generics or preferred brand: calcium carbonate, calcium acetate, lanthanum carbonate, sevelamer carbonate, sevelamer HCl, VELPHORO	AURYXIA
	Any two of the following generics: calcium carbonate, calcium acetate, lanthanum carbonate, sevelamer carbonate, sevelamer HCl	FOSRENOL, PHOSLYRA
Obstetrics and Gynecology		
Contraceptives	Generic norethindrone	SLYND
	Any one of the following generics: Gemmily, Merzee, norethindrone-ethinyl estradiol-ferrous fumarate	TAYTULLA
	One of the following: generic oral formulation of levonorgestrel/ethinyl estradiol, Xulane, Zafemy	TWIRLA
Hormone replacement	Any one of the following preferred brands: IMVEXXY, OSPHENA, PREMARIN VAGINAL CREAM	FEMRING²
	Any two of the following preferred brands: IMVEXXY, OSPHENA, PREMARIN VAGINAL CREAM	INTRAROSA
	Generic estradiol patch	ALORA, MENOSTAR, MINIVELLE, VIVELLE-DOT
Oncology		
Antifolate ³	Generic pemetrexed	ALIMTA, PEMETREXED, PEMFEXY
Chemotherapy rescue agents	Generic levoleucovorin	KHAPZORY
Ophthalmology		
Antiglaucoma agents	All of the following generics and preferred brand: latanoprost, travoprost, LUMIGAN	VYZULTA², XELPROS²
Ophthalmic antihistamines	Both of the following generics: azelastine AND olopatadine	BEPREVE, bepotastine, LASTACRAFT, ZERVIAE
Ophthalmic antiinflammatory agents	Any one of the following generics: diclofenac solution, flurbiprofen solution, ketorolac solution AND preferred brand PROLENSA	BROMSITE², ILEVRO², NEVANAC²
Respiratory		
Allergy (intranasal)	Generic mometasone nasal spray or BECONASE AQ	XHANCE²
Cystic fibrosis (inhaled tobramycin agents)	Both of the following generics: tobramycin 300mg/4 mL, tobramycin 300 mg/5 mL	BETHKIS, KITABIS, TOBI
Epinephrine auto injectors	Generic epinephrine	AUVI-Q 0.3 mg, AUVI-Q 0.15 mg, EPIPEN, EPIPEN-JR
Inhaled corticosteroids	Both of the following preferred brands: ARNUITY ELLIPTA AND QVAR REDIHALER	ALVESCO², ARMONAIR², ASMANEX², FLOVENT², FLUTICASONE HFA², PULMICORT FLEXHALER²
Leukotriene modifiers	Any one of the following generics: montelukast, zafirlukast	zileuton ER, ZYFLO
Long-acting bronchodilators	SPIRIVA	INCRUSE ELLIPTA², TUDORZA PRESSAIR²,
Long-acting bronchodilator combinations	Any two of the following preferred brands: ADVAIR HFA, BREO ELLIPTA, SYMBICORT	ADVAIR DISKUS², AIRDUO², DULERA², FLUTICASONE/SALMETEROL²
	Any one of the following preferred brands: ADVAIR HFA, BREO ELLIPTA, SYMBICORT	fluticasone/salmeterol diskus ² , Wixela Inhub ²
	Both of the following preferred brands: ANORO ELLIPTA, STIOLTO RESPIMAT	BEVESPI AEROSPHERE², DUAKLIR PRESSAIR²
Short-acting beta agonist inhalers	albuterol HFA (manufactured by Cipla, Civica, Par, Perrigo, or Teva)	albuterol HFA ² (manufactured by Prasco), levalbuterol HFA ² , PROAIR DIGIHALER², PROAIR HFA², PROAIR RESPICLICK², PROVENTIL HFA², VENTOLIN HFA², XOPENEX HFA²

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Condition	Step 1	Step 2
Urology		
BPH agents	Any two of the following generics: alfuzosin, doxazosin, silodosin, tamsulosin, terazosin	CARDURA XL
	Any one of the following generics: alfuzosin, doxazosin, tamsulosin, terazosin, silodosin AND any one of the following generics: finasteride, dutasteride, tadalafil 5 mg	ENTADFI²
Overactive bladder agents	Any two of the following generics or preferred brand: fesoterodine, oxybutynin IR/ER, tolterodine IR/ER, trospium IR/ER, solifenacin, darifenacin ER, MYRBETRIQ	GELNIQUE, GEMTESA, OXYBUTYNIN solution, OXYTROL², TOVIAZ
	Any one of the following generics: oxybutynin IR/ER or oxybutynin syrup	VESICARE LS
Generic First		
	Generic equivalent	ABILIFY², ACZONE GEL, ALTACE, ARIMIDEX, ARTHROTEC, ATACAND, AVAPRO, AVODART, AZOPT, BROVANA², BYSTOLIC, CANASA, CARBATROL, CARDIZEM LA, CARNITOR, CATAPRES-TTS, CELEXA, CIALIS², CLARINEX, CLIMARA, CLOBEX, COLESTID, COMBIGAN, COREG, CORTEF, COSOPT, COZAAR, DELESTROGEN, DEPAKOTE, DILANTIN SUSP, EFFEXOR XR², EPIDUO, ESTRACE, EXFORGE, FIORICET, FLOMAX, GENERESS FE, GOLYTELY, HALOG CREAM, HYZAAR, IMITREX², INDERAL LA, KENALOG INJ, KEPRA, KLONOPIN², K-TAB, LAMICTAL, LASIX, LATISSE, LATUDA², LOESTRIN, LOTREL, LYRICA², MAXALT², MICARDIS, MOBIC, NALFON, NATROBA, NEURONTIN, NIASPAN, NITROSTAT, PATADAY, PATANOL, PAXIL, PLAQUENIL, PLAVIX, PRED FORTE, PRINIVIL, PROMETRIUM, PROPECIA, PYLERA, QUESTRAN, RANEXA, RELPAX², RENAGEL, RESTORIL², RISPERDAL², SAFYRAL, SEASONIQUE², SEROQUEL², SILVADENE, SKELAXIN, SOMA, SUBOXONE², TEGRETOL, TENORMIN, TIKOSYN, TIMOPTIC, TIMOPTIC-XE, TIMOPTIC OCUDOSE, TOPAMAX, TOPICORT SPR, TRAVATAN Z², TRICOR, TRILEPTAL, UCERIS, VALTREX², VANADOM, VECTICAL, VESICARE, VIGAMOX, VIMPAT, WELCHOL, XALATAN, YASMIN, ZANAFLEX, ZESTRIL, ZOLOFT, ZONEGRAN, ZOVIRAX, ZYPREXA²

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Step therapy requirements are effective as of Jan. 1, 2024. The list of step therapy medications is subject to change without notice. Step therapy requirements may vary by benefit plan. Additional clinical programs, including quantity limits and prior authorization, may exist for the above medications which may affect your prescription drug coverage.

¹ These agents are also subject to additional step requirements as indicated in table.

² Quantity limits may also apply. Please refer to the Select Quantity Limits document.

³ Applies to new starts only



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