

Step therapy – Select

Utilization management updates
July 1, 2023



Most medical conditions have many medication options. Although their clinical effectiveness may be the same, the costs can be very different. The step therapy program gives you the treatment you need, usually at a lower cost.

This is a list of medications that have been added to the step therapy program.

Here's how it works:

With this program, you must try a step 1 medication first, before a step 2 medication may be covered. When you bring a prescription to your pharmacy, our system will check the medication for step therapy requirements. If your pharmacy claims show you have tried a step 1 medication in the recent past, the step 2 medication may be filled. If not, the pharmacist will contact your doctor to explain next steps.

If you see your medication listed, we encourage you to talk with your doctor about your treatment and medication options. If you have questions about the step therapy program, call the phone number on your member ID card.

Step therapy medications

The following medications have been added to a step therapy program. This means you must try a lower-cost medication (step 1) before a higher-cost medication (step 2) is covered.

Condition	Step 1	Step 2
Anti-infectives		
Antifungals	Both a generic intravaginal product (e.g., clotrimazole, miconazole, tioconazole, terconazole, boric acid) AND generic oral fluconazole	BREXAFEMME²
Bacterial vaginosis agents	Any one of the following generics: metronidazole 0.75% vaginal gel, clindamycin 2% vaginal cream	CLEOCIN SUPP, CLEOCIN VAGINAL CREAM, NUVESSA, VANDAZOLE
	Both of the following generics: metronidazole 0.75% vaginal gel, clindamycin 2% vaginal cream	XACIATO
	One of the following generics: metronidazole 0.75% vaginal gel, clindamycin 2% vaginal cream, metronidazole tablet, tinidazole tablet	SOLOSEC
HIV ³	Any one of the following preferred brands: JULUCA, SYMFI, SYMFI LO, TRIUMEQ OR CIMDUO and any one of the following preferred brands: ISENTRESS, TIVICAY	ATRIPLA
	CIMDUO	TEMIXYS
HBV ⁵	One of the following generics: entecavir or tenofovir	VEMLIDY
Oral brand tetracyclines	Generic doxycycline or minocycline	ACTICLATE, DORYX, DORYX MPC, LYMEPAK, MINOCYCLINE ER, MINOLIRA, ORACEA, SOLODYN, TARGADOX, VIBRAMYCIN
	Both of the following generics: doxycycline AND minocycline	SEYSARA
Otic agents	Generic ofloxacin	CETRAXAL , ciprofloxacin otic
	Both of the following generics: ofloxacin AND ciprofloxacin-dexamethasone otic	CIPRODEX
Cardiovascular		
Renin-angiotensin system agents	Any one of the following generics: amlodipine-benazepril, amlodipine-olmesartan, benazepril, benazepril-HCTZ, candesartan, candesartan-HCTZ, captopril, captopril-HCTZ, enalapril, enalapril-HCTZ, fosinopril, fosinopril-HCTZ, irbesartan, irbesartan-HCTZ, lisinopril, lisinopril-HCTZ, losartan, losartan-HCTZ, moexipril, olmesartan, olmesartan-HCTZ, olmesartan-amlodipine-HCTZ, perindopril, quinapril, quinapril-HCTZ, ramipril, telmisartan, telmisartan-HCTZ, trandolapril, trandolapril-verapamil	EDARBI, EDARBYCLOR, TEKTRINA HCT
	Any one of the following generics: amlodipine-olmesartan, amlodipine-benazepril, amlodipine-valsartan, telmisartan-amlodipine, trandolapril-verapamil, benazepril-HCTZ, candesartan-HCTZ, captopril-HCTZ, enalapril-HCTZ, fosinopril-HCTZ, lisinopril-HCTZ, losartan-HCTZ, olmesartan-HCTZ, quinapril-HCTZ, telmisartan-HCTZ, olmesartan-amlodipine-HCTZ	EXFORGE-HCT
Fibric acid derivatives	Any one of the following generics: fenofibric cap, fenofibrate tab, fenofibrate micronized cap, fenofibric acid tab AND LIPOFEN or fenofibrate cap	FENOGLIDE, FIBRICOR
Statins	Any one of the following generics: atorvastatin, fluvastatin, fluvastatin ER, lovastatin, pravastatin, rosuvastatin, simvastatin	ALTOPREV, EZALLOR, FLOLIPID, LESCOL XL, LIPTOR, LIVALO, PRAVACHOL, ZOCOR
	Generic ezetimibe and any one of the following generics: atorvastatin, fluvastatin, fluvastatin ER, lovastatin, pravastatin, rosuvastatin, simvastatin	EZETIMIBE-ATORVASTATIN²
	Any one of the following generics: atorvastatin 40mg or 80mg, rosuvastatin	EZETIMIBE-ROSUVASTATIN², ROSZET²

Bold type = Brand-name drug

Plain type = Generic drug

Condition	Step 1	Step 2
Statins – continued	Any one of the following generics: atorvastatin, fluvastatin, fluvastatin ER, lovastatin, pravastatin, rosuvastatin, simvastatin AND LIVALO ¹	ZYPITAMAG
Central Nervous System		
ADHD agents	Any one of the following generics or preferred brands: amphetamine-dextroamphetamine IR, dexamylphenidate IR or ER, dextroamphetamine IR or SR, methylphenidate IR or ER, VYVANSE	AZSTARYS ² , JORNAY PM ²
	Any three of the following generics or preferred brands: amphetamine-dextroamphetamine IR, dexamylphenidate IR or ER, dextroamphetamine IR or SR, methylphenidate IR or ER, VYVANSE	ADHANSIA XR ² , ADZENYS ER ² , ADZENYS XR ODT ² , APTENSIO XR ² , CONCERTA ² , COTEMPLA XR-ODT ² , DAYTRANA ² , DESOXYN ² , DEXEDRINE , DYANAVEL XR ² , FOCALIN ² , FOCALIN XR ² , METHYLIN ² solution, METHYLPHENIDATE ER ² , MYDAYIS ² , PROCENTRA ² , QUILLICHEW ER ² , QUILLIVANT ² , RELEXXII ² , RITALIN ² , RITALIN LA ² , XELSTRYM ² , ZENZEDI ²
	Any two of the following generics: atomoxetine, guanfacine, clonidine	INTUNIV , KAPVAY , QELBREE ² , STRATTERA ²
Anticonvulsants ³	Any one of the following generics: lamotrigine IR, levetiracetam IR or ER, oxcarbazepine IR, topiramate IR	BRIVIACT , XCOPRI
	topiramate IR or topiramate IR sprinkle	QUDEXY XR , TROKENDI XR , topiramate ER
	Generic topiramate sprinkle	EPRONTIA
	Generic oxcarbazepine IR	OXTELLAR XR
Antidepressants ³	Generic bupropion ER	APLENZIN ² , BUPROPION ER ² , FORFIVO XL ²
	Any two of the following generics: desvenlafaxine succinate ER, duloxetine, venlafaxine, venlafaxine ER	FETZIMA ²
	Any two of the following generics: bupropion, citalopram, desvenlafaxine succinate ER, duloxetine, escitalopram, fluoxetine, mirtazapine, paroxetine, paroxetine ER, sertraline, venlafaxine, venlafaxine ER	AUVELITY ² , CITALOPRAM cap , DESVENLAFAXINE ER ² , PAXIL suspension , SERTRALINE cap , TRINTELLIX ² , VENLAFAXINE tab 112.5MG ²
	Generic duloxetine	DRIZALMA ²
	Generic vilazodone	VIIBRYD ²
Antipsychotics ³	Any two of the following generics: aripiprazole, asenapine, clozapine, olanzapine, paliperidone, quetiapine IR or ER, risperidone, ziprasidone	CAPLYTA ² , FANAPT ² , LYBALVI ² , SAPHRIS ² , SECUADO ²
	Any one of the following brands: INVEGA SUSTENNA or INVEGA TRINZA	INVEGA HAFYERA
Insomnia agents	Any one of the following generics: doxepin, eszopiclone, temazepam, zaleplon, zolpidem, zolpidem ER	BELSOMRA ² , DAYVIGO ²
	Any two of the following generics: eszopiclone, zaleplon, zolpidem, zolpidem ER, triazolam, temazepam, ramelteon, doxepin AND any one of the following preferred brands: BELSOMRA ¹ , DAYVIGO ¹	QUVIVIQ ²
	Any one of the following generics: zolpidem, zolpidem ER	AMBIEN ² , AMBIEN CR ² , EDLUAR ² , ZOLPIMIST ²
Migraine agents	Any two of the following generics: almotriptan, eletriptan, frovatriptan, naratriptan, rizatriptan, sumatriptan, zolmitriptan	ONZETRA XSAIL ² , TOSYMRA ² , TREXIMET ² , sumatriptan-naproxen ² , ZEMBRACE SYMTOUCH ² , ZOMIG NASAL ² , ZOLMITRIPTAN SPRAY ²
Neurologic agents	Generic gabapentin	GRALISE ²
	Any one of the following generics: amitriptyline, cyclobenzaprine, duloxetine, gabapentin, pregabalin	LYRICA CR ² , pregabalin CR ² , SAVELLA ²
Non-narcotic analgesics	Any two of the following generics: celecoxib, diclofenac potassium tab, diclofenac sodium, diflunisal, etodolac, fenoprofen, flurbiprofen, ibuprofen, indomethacin, ketoprofen, ketorolac, meclofenamate, meloxicam, nabumetone, naproxen, oxaprozin, piroxicam, sulindac, tolmetin	CAMBIA , CELEBREX ² , diclofenac capsule, diclofenac powder, INDOCIN suppository , INDOCIN suspension , INDOMETHACIN capsule , LOFENA , MELOXICAM susp , TIVORBEX , VIVLODEX , ZIPSOR , ZORVOLEX

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Condition	Step 1	Step 2
Opioid antagonists	Generic naloxone injection	LIFEMS
Opioid withdrawal	Generic clonidine	LUCEMYRA²
Parkinson's disease	Both of the following generics: carbidopa-levodopa and carbidopa-levodopa ODT	DHIVY
	Any one of the following generics: carbidopa-levodopa, carbidopa-levodopa CR	RYTARY
	Any one of the following generics: pramipexole IR or ER, ropinirole IR or ER	NEUPRO
	Generic entacapone	ONGENTYS
	Both of the following generics: rasagiline, selegiline	XADAGO²
Dermatology		
Rosacea	Any one of the following generics or preferred brands: azelaic acid gel, FINACEA FOAM, SOOLANTRA	EPSOLAY, FINACEA GEL, NORITATE, ZILXI
	Any one of the following generics or preferred brands: metronidazole gel, FINACEA FOAM, SOOLANTRA	METROGEL
Skin cancer agents	Any one of the following generics: fluorouracil, imiquimod 5%	diclofenac gel 3% ² , PICATO
	Both of the following generics: fluorouracil, imiquimod 5%	KLISYRI
	Generic imiquimod 5%	imiquimod 3.75%, ZYCLARA
Topical acne treatments	Any one of the following preferred brands: EPIDUO FORTE, ONEXTON, TWYNEO	ACANYA, BENZACLIN, BENZAMYCIN GEL 5-3%, VELTIN, ZIANA
	Any two generic single-agent topical clindamycin products	CLINDAGEL
Topical anesthetic	Generic lidocaine 5% patches	ZTLIDO
Topical Immuno-modulators	Generic tacrolimus ointment	ELIDEL², pimecrolimus², PROTOPIC² ointment
	Any one of the following generics: alclometasone, amcinonide, betamethasone, clobetasol, clocortolone, desonide, desoximetasone, diflorasone, fluocinolone, fluocinonide, fluticasone, halcinonide, halobetasol, hydrocortisone, mometasone, prednicarbate, triamcinolone, pramoxine-HC, calcipotriene-betamethasone, tacrolimus, pimecrolimus	EUCRISA, OPZELURA²
	Any three of the following generics or brands: clocortolone 0.1% cream, fluocinolone acetonide 0.025% ointment, flurandrenolide 0.05% ointment, fluticasone propionate 0.05% cream, hydrocortisone valerate 0.2% ointment, mometasone furoate 0.1% cream/lotion/solution, triamcinolone 0.1% cream/ointment, triamcinolone 0.05% ointment, triamcinolone aerosol spray, calcipotriene-betamethasone suspension, TACLONEX suspension, ENSTILAR foam	SERNIVO
Endocrinology		
Basal insulin	Any three of the following preferred brands: LANTUS, LEVEMIR, TOUJEO, TRESIBA	BASAGLAR, BASAGLAR TEMPO, INSULIN GLARGINE, SEMGLEE
Diabetic agents	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	AVANDIA, CYCLOSET, RIOMET
Blood glucose meters and strips ²	Both of the following: CONTOUR NEXT, ONETOUCH	All other brands
Glucagon	Any one of the following: BAQSIMI, GLUCAGON KIT (manufactured by Fresenius), ZEGALOGUE , generic glucagon kit	LILLY GLUCAGON KIT, NOVO GLUCAGEN HYPOKIT, GVOKE
DPP4 inhibitors	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	JANUMET, JANUMET XR, JANUVIA, JENTADUETO, JENTADUETO XR, TRADJENTA

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Condition	Step 1	Step 2
DPP4 inhibitors -continued	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin AND any one of the preferred brands: JANUMET¹ , JANUMET XR¹ , JANUVIA¹ AND any one of the following preferred brands: JENTADUETO¹ , JENTADUETO XR¹ , TRADJENTA¹	ALOGLIPTIN, ALOGLIPTIN-METFORMIN, ALOGLIPTIN-PIOGLITAZONE, KAZANO, KOMBIGLYZE XR, NESINA, ONGLYZA, OSENI
GLP-1 agonist combinations	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	SOLIQUA², XULTOPHY²
SGLT2 inhibitors	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin OR any one of the following generics or preferred brand: captopril, enalapril, lisinopril, quinapril, ramipril, fosinopril, trandolapril, perindopril, candesartan, valsartan, losartan, bisoprolol, carvedilol IR, carvedilol ER, metoprolol succinate, spironolactone, eplerenone, ENTRESTO	FARXIGA, JARDIANCE, XIGDUO XR
	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin	GLYXAMBI, SYNJARDY, SYNJARDY XR, TRIJARDY XR
	Any one of the following generics: metformin, metformin ER, glipizide-metformin, glyburide-metformin, pioglitazone-metformin AND any one of the following preferred brands: FARXIGA¹ , XIGDUOR XR¹ AND any one of the following preferred brands: GLYXAMBI¹ , JARDIANCE¹ , SYNJARDY¹ , SYNJARDY XR¹ , TRIJARDY XR¹	INVOKAMET, INVOKAMET XR, INVOKANA, QTERN, SEGLUROMET, STEGLATRO, STEGLUJAN
Short-Acting Insulin	Any two of the following preferred brands: HUMALOG , NOVOLOG , LYUMJEV	ADMELOG, APIDRA, FIASP, HUMALOG TEMPO, LYUMJEV TEMPO
Gastroenterology		
Bowel prep agents	Any one of the following brands: CLENPIQ , SUPREP	MOVIPREP, OSMOPREP, PLENVU
Constipation agents	Any one of the following generics: lactulose, polyethylene glycol AND any one of the following preferred brands: LINZESS¹ , MOVANTIK¹ , SYMPROIC¹	AMITIZA² , lubiprostone ²
	Any one of the following generics: lactulose, polyethylene glycol	LINZESS² , MOVANTIK² , SYMPROIC²
	Any one of the following generics: lactulose, polyethylene glycol AND any one of the following preferred brands: MOVANTIK¹ , SYMPROIC¹	RELISTOR²
	Any one of the following generics: lactulose, polyethylene glycol AND LINZESS¹	MOTEGRITY² , TRULANCE²
Irritable bowel syndrome	APRISO	ASACOL HD, DELZICOL
Pancreatic enzymes	Both of the following preferred brands: CREON , ZENPEP	PANCREAZE, PERTZYE, VIOKACE
Proton pump inhibitors	Any two of the following generics: dexlansoprazole, esomeprazole, omeprazole, lansoprazole, pantoprazole, rabeprazole	ACIPHEX² , DEXILANT² , ESOMEPRAZOLE STRONTIUM² , FIRST-LANSOPRAZOLE , FIRST-OMEPRAZOLE , PREVACID² , PRIOLOSEC² , PROTONIX² , ZEGERID²
Hematology		
Coagulation factors ³	NOVOSEVEN RT	SEVENFACT
Hormone Modifiers		
Thyroid replacement	Generic levothyroxine	ADTHYZA, ARMOUR THYROID, ERMEZA, LEVOTHYROXINE capsules, SYNTHROID, THYQUIDITY
Miscellaneous		
Antigout agents	Generic colchicine tablets	COLCHICINE cap, COLCRYS, GLOPERBA, MITIGARE
	Generic allopurinol	ALLOPURINOL, ULORIC, febuxostat

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Condition	Step 1	Step 2
Clinical duplicates	Generic levetiracetam ER	ELEPSIA XR
	Any two of the following generics: metoprolol tartrate, metoprolol succinate ER, bisoprolol, betaxolol, carvedilol IR or ER, labetalol, atenolol, acebutolol, propranolol IR or ER, pindolol, nadolol	KAPSPARGO
Iron replacement	Any one of the following generics: ferrous sulfate, ferrous gluconate, ferrous fumarate	ACCRUFER, FERAHEME, ferumoxytol, INJECTAFER, MONOFERRIC
Phosphate binders	Any two of the following generics or preferred brand: calcium carbonate, calcium acetate, lanthanum carbonate, sevelamer carbonate, sevelamer HCl, VELPHORO	AURYXIA
	Any two of the following generics: calcium carbonate, calcium acetate, lanthanum carbonate, sevelamer carbonate, sevelamer HCl	FOSRENOL, PHOSLYRA
Obstetrics and Gynecology		
Contraceptives	Generic norethindrone	SLYND
	Any one of the following generics: Gemmily, Merzee, norethindrone-ethinyl estradiol-ferrous fumarate	TAYTULLA
	One of the following: generic oral formulation of levonorgestrel/ethinyl estradiol, Xulane, Zafemy	TWIRLA
Hormone replacement	Generic estradiol patch	ALORA, MENOSTAR, MINIVELLE, VIVELLE-DOT
	Any one of the following preferred brands: IMVEXXY, OSPHENA, PREMARIN VAGINAL CREAM	FEMRING²
	Any two of the following preferred brands: IMVEXXY, OSPHENA, PREMARIN VAGINAL CREAM	INTRAROSA
Oncology		
Antifolate ³	Generic pemetrexed	ALIMTA, PEMETREXED, PEMFEXY
Chemotherapy rescue agents	Generic levoleucovorin	KHAPZORY
Ophthalmology		
Antiglaucoma agents	All of the following generics and preferred brands: latanoprost, travoprost, LUMIGAN	VYZULTA², XELPROS²
Ophthalmic antihistamines	Both of the following generics: azelastine AND olopatadine	BEPREVE, bepotastine, LASTACRAFT, ZERVIA TE
Ophthalmic antiinflammatory agents	Any one of the following generics: diclofenac soln, flurbiprofen soln, ketorolac soln AND PROLENSA	BROMSITE², ILEVRO², NEVANAC²
Respiratory		
Cystic fibrosis (inhaled tobramycin agents)	Both of the following generics: tobramycin 300mg/4 mL, tobramycin 300 mg/5 mL	BETHKIS, KITABIS, TOBI
Epinephrine auto injectors	Generic epinephrine	AUVI-Q 0.3 mg, AUVI-Q 0.15 mg, EPIPEN, EPIPEN-JR
Inhaled corticosteroids	Any two of the following preferred brands: ARNUITY ELLIPTA, FLOVENT, PULMICORT FLEXHALER, QVAR REDHALER	ALVESCO², ARMONAIR², ASMANEX²
Intranasal steroids	Generic mometasone nasal spray or BECONASE AQ	XHANCE²
Leukotriene modifiers	Any one of the following generics: montelukast, zafirlukast	zileuton ER, ZYFLO
Long-acting bronchodilators	SPIRIVA	INCRUSE ELLIPTA², TUDORZA PRESSAIR²,

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Condition	Step 1	Step 2
Long-acting bronchodilator combinations	Any two of the following preferred brands: ADVAIR, BREO ELLIPTA, SYMBICORT	AIRDUO², DULERA², FLUTICASONE/SALMETEROL² inh
	Both of the following preferred brands: ANORO ELLIPTA, STIOLTO RESPIMAT	BEVESPI AEROSPHERE², DUAKLIR PRESSAIR², UTIBRON NEOHALER²
Short-acting beta agonist inhalers	albuterol HFA (manufactured by Cipla, Civica, Par, Perrigo, or Teva)	albuterol HFA ² (manufactured by Prasco), levalbuterol HFA ² , PROAIR DIGIHALER², PROAIR HFA², PROAIR RESPICLICK², PROVENTIL HFA², VENTOLIN HFA², XOPENEX HFA²
Urology		
BPH agents	Any two of the following generics: alfuzosin, doxazosin, silodosin, tamsulosin, terazosin	CARDURA XL
	Any one of the following generics: alfuzosin, doxazosin, tamsulosin, terazosin, silodosin AND any one of the following generics: finasteride, dutasteride, tadalafil 5 mg	ENTADFI²
Overactive bladder agents	Any two of the following generics or preferred brand: fesoterodine, oxybutynin IR/ER, tolterodine IR/ER, trospium IR/ER, solifenacin, darifenacin ER, MYRBETRIQ	GELNIQUE, GEMTESA, OXYBUTYNIN SOLN, OXYTROL², TOVIAZ
	Any one of the following generics: oxybutynin IR/ER or oxybutynin syrup	VESICARE LS
Generic First		
	Generic equivalent	ABILIFY², ACZONE GEL, ALTACE, ARIMIDEX, ARTHROTEC, ATACAND, AVAPRO, AVODART, AZOPT, BARACLUDGE², BRISDELLE², BROVANA², BYSTOLIC, CANASA, CARBATROL, CARDIZEM LA, CARNITOR, CATAPRES-TTS, CELEXA, CIALIS², CLARINEX, CLIMARA, CLOBEX, COLESTID, COMBIGAN, COREG, CORTEF, COSOPT, COZAAR, DELESTROGEN, DEPAKOTE, DILANTIN SUSP, EFFEXOR XR², EPIDUO, ESTRACE, EXFORGE, FIORICET, FLOMAX, FORTAMET, GENERESS FE, GOLYTELY, HALOG CREAM, HYZAAR, IMITREX², INDERAL LA, KENALOG INJ, KEPBRA, KLONOPIN², K-TAB, LAMICTAL, LASIX, LATISSE, LOESTRIN, LOTREL, LYRICA², MAXALT², MICARDIS, MOBIC, NALFON, NATROBA, NEURONTIN, NIASPAN, NITROSTAT, NULYTELY, ORTHO MICRON, PATADAY, PATANOL, PAXIL, PENTASA 500 mg, PLAQUENIL, PLAVIX, PRED FORTE, PRINIVIL, PROMETRIUM, PROPECIA, QUESTRAN, RANEXA, RELPAX², RENAGEL, RESTORIL², RISPERDAL², SAFYRAL, SEASONIQUE², SEROQUEL², SILVADENE, SKELAXIN, SOMA, SUBOXONE², TEGRETOL, TENORMIN, TIKOSYN, TIMOPTIC, TIMOPTIC-XE, TIMOPTIC OCUDOSE, TOPAMAX, TOPICORT SPR, TRAVATAN Z², TRICOR, TRILEPTAL, UCERIS, VALTREX², VANADOM, VECTICAL, VESICARE, VIGAMOX, VIMPAT, WELCHOL, XALATAN, YASMIN, ZANAFLEX, ZESTRIL, ZOLOFT, ZONEGRAN, ZOVIRAX, ZYPREXA²

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Step therapy requirements are effective as of July 1, 2023. The list of step therapy medications is subject to change without notice. Step therapy requirements may vary by benefit plan. Additional clinical programs, including quantity limits and prior authorization, may exist for the above medications which may affect your prescription drug coverage.

¹ These agents are also subject to additional step requirements as indicated in table.

² Quantity limits may also apply. Please refer to the Select Quantity Limits document.

³ Applies to new starts only



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